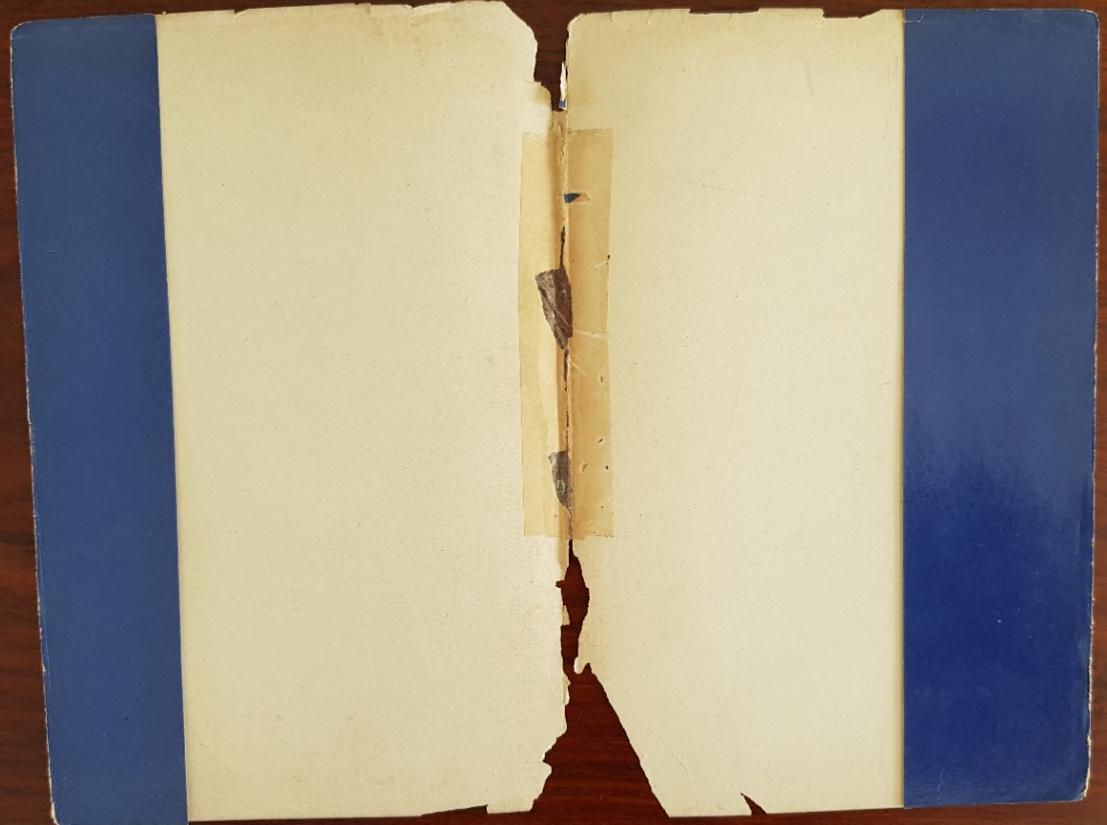
Bhagwan Shree Rajneesh

SECRETS OF SECRETARY OF SECRETA

"Selflessness is the path, Selflessness is the real devotion. Selflessness is the authentic surrender



SECRETS OF DISCIPLESHIP

Bhagwan Shree Rajneesh

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SECRETS OF DISCIPLESHIP

Text of a discourse by Bhagwan Shree Rajneesh, given February 26, 1971 in Bombay, India.

First thing:

A GURU is not a teacher because religion cannot be taught. It is not information. Religion is a way of living, so guru means a person who has attained a religious mode of living.

To one in contact with him, to one living with him, something is communicated, though not through words.

HIS VERY PRESENCE IS A COMMUNION.

The relationship is
less like a teacher and pupil and
more like a lover and a loved one.
THE RELATIONSHIP IS INTIMATE.
A basic requirement is that the guru
must have himself attained
because he cannot communicate

A teacher need not be
A Realized One, but a guru is
bound to be. A teacher can
give information secondhand, but
a guru cannot.

A PERSON WHO HAS REALIZED TRUTH.

Now he is the source.

He does not give
secondhand information from
scriptures or from traditions.

HE HAS ENCOUNTERED THE REALITY.

He is face to face with it, so
whatsoever is being said
or communicated by him is
on his own authority.

There is no one else's authority.

He himself is now the authority.

He is the original source
for the disciple, so
the disciple comes in contact
with a firsthand knowing.

When religious experience is
firsthand, only then can it
be communicated; otherwise not.

SECONDLY, a guru must
not be aware of his "guruship".
He cannot be. A person who
has known only knows if
HE HAS FULFILLED THE CONDITION
OF EGOLESSNESS; otherwise
he cannot encounter Truth.

he cannot encounter Truth.

Truth is encountered only
when ego is absolutely absent.

So a guru cannot claim
that he is a guru.

There is no claim like that.

For himself, there is no claim. So
I always say that in religion, in
spirituality, ONLY DISCIPLES EXIST.

The guru is not present really,
but only a presence.

He is not directly claiming anything for himself, but his very non-claiming, his non-egotistical attitude, his non-teaching attitude, and his living the Truth

is the communion. So
a person who claims to be a guru
is only a teacher.
He is not a guru.

And there is no word in English to translate the word "guru", because in Western culture and tradition, no relationship like that has ever been in existence.

The relationship between
a guru and disciple is
basically Eastern. So no one can
understand in the West
what is a guru. At the most,
they can understand teacher.
And the relationship is so intimate!
As I have said, it is like love.
The reverence is like love
with only one difference:
LOVE is parallel, and REVERENCE
is for the one above, the higher.

LOVE creates friendship because the lover and the loved one are on the same level.

REVERENCE too is a kind of love but with a great difference: it is not on the same level.

Someone is higher.

There is a loving intimacy toward the higher personality.

Then it is reverence, and reverence is automatically created around a guru. It is not expected! It is not demanded!

SO I SAY ONLY DISCIPLES EXIST. So disciples are consciously disciples.

A guru acts: the action is so one with his living!

His teaching and his living are two aspects of a single existence.

AS HE ACTS, SO HE TEACHES. His very sitting, standing, walking, his talking, his silence — in everything — are indications.

So the disciple has to always be on guard to receive.

SOMETHING IS DONE THROUGH THE GURU by his very existence, and the disciple is to receive it. So the disciple is not only learning, but, rather, receiving.

DISCIPLE MEANS an open mind, a receptive mind. That is why a basic component is TRUST.

Whenever we are confronted with the

unknown, no logic, no
rational explanation is possible.
Whenever we are confronted with the
unknown, ONLY TRUST CAN LEAD US.
If I am talking something of
the known, then you can discuss it
with me because you also know it.

We can argue about it.
We can talk about it.

A dialogue is possible.
But if I am talking about something which is absolutely unknown to you, then no dialogue is possible, and there can be no argument.
There can be no rational approach to it because REASON CAN ONLY WORK AROUND THE KNOWN.

The moment the unknown comes in, reason is useless! It becomes meaningless. THINKING IS ABSURD because you cannot think about the unknown. It is just as if you are blind and I talk to you about light: you can only take me in trust; there is no other way. So the relationship between the disciple and the guru is

a relationship of INTIMATE TRUST.

It doesn't mean blind faith because the guru never expects that you should believe in him. That is NOT an expectation! But the very nature of the unknown is such that you cannot go a single step ahead if there is no trust. The requirement is not from the side of the guru. The requirement is from the side of the disciple. He cannot take a single step into the unknown without trusting the guru because THE UNKNOWN IS DARK and the field is uncharted.

This is not bliss, and
this is not ultimate.
The guru is always saying
JUMP INTO IT AND DO IT.
Before the jump, trust is needed or
otherwise you will not jump.
And knowledge can come
only through the jump.

In science, hypothesis is needed.

Hypothesis means a tentative belief.

If the experiment proves it,

then it becomes a truth.

But if the experiment disproves it,

it becomes untruth.

Before the experiment,

hypothesis is needed.

Hypothesis means

tentative belief -- tentative!

Otherwise there is no experiment

to prove or disprove it.

Exactly the same in religion:
trust is needed. It is
just like a scientific hypothesis.
But between a scientific attitude
and a trustful attitude,
there is a great difference.
In scientific hypothesis, a person
can believe hypothetically and
yet he is skeptical about it.
There is no happening, and
reverence is not needed because
it is an objective phenomenon.
You can experiment with it and
see how it turns and
how it comes out.

BUT IN RELIGION

only hypothetical belief is

not enough because you are

not tackling a problem

which is beyond you and objective.

You are tackling it yourself.

It is a subjective phenomenon.

A hypothetical, superficial belief
will not be enough because
you will be involved, committed. YOU
will not be outside the experiment.
YOU WILL BE THE EXPERIMENT!
You will not be doing the experiment
from outside. You have to jump in
and become part of the experiment.

So a great trust is needed.

So the relationship between guru and disciple is a relationship of great trust, intimate love, reverence.

But these things are not demanded. The moment they are demanded, they become exploitation.

The moment they are forced, they become violent because no one should force himself on anybody. So

this is not an enforcement; rather, it is a willingness, on the part of the disciple -- not an enforcement on the part of the guru. But it is a willingness to allow the guru to work. So this is all on the part of the disciple.

But ordinarily,
the disciple is unwilling and
the guru is forcing, so
EVERYTHING BECOMES NONSENSE.
The moment the guru tries to force
something on someone,

it is crippling,
it destroys, it kills,
it is destructive, because
then it is a violent act
against someone else's ego. BUT

if the disciple is willing and is giving the guru complete trust (not forced; it is his own willing surrender), then it is A GREAT TRANSFORMATION; then there is no struggle; then there is no forcing; then there is no violence.

The moment the disciple surrenders TOTALLY, he is transformed by the very surrender!

This is
a very decisive act: to
surrender oneself in someone
else's hands, completely, totally.
It is not only faith in
someone else. Basically, it is
faith in oneself. You
cannot surrender yourself if
you are not confident enough
about your decision, because
this is a great decision,
TOTAL AND UNCONDITIONAL!

This means that
whenever a disciple surrenders
himself, the will is involved,
and a decision is born.
The disciple becomes
A CRYSTALLIZED PERSONALITY
through surrender, because
the decision is great and total
and absolute and unconditional.
No surrender can be conditional.
With the guru there can be

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no condition. You cannot say,

if you do this, then I will surrender. Then that is no surrender.

There IS no "if", and you totally surrender. Now you say,
"Do whatsoever you like.

I am in your hands. Ask me to jump into the well, and I will jump."

This decision is a great transforming and crystallizing decision. This is the ATTITUDE OF THE DISCIPLE, always.

Then the guru is able to do anything. Through this receptivity, you can commune; you can change, by and by.

The matter is delicate.

It is all too sensitive.

To change a living being,
to change a human personality,
is the greatest, most arduous
and delicate thing.

THE HUMAN PERSONALITY IS so complex,
in so much conflict, with
so much SUPPRESSED AND
so much PERVERTED, that

to change it and
to make it flower in ecstasy,
to make it a worthy present
to the Divine is
the greatest art and science
that is possible. BUT
you must remember that
whatsoever I am saying is
always on the part of the disciple.
It is never on the part of the guru.

Then Krishnamurthi is right. Then gurudom is one of the most subtle and destructive exploitations.

But yet Krishnamurthi is not right because this has maver been the demand of the guru.

This has been a basic condition for discipleship. The guru comes in nowhere; he is nowhere. And without the guru or without such a trusting relationship, it is very difficult to progress spiritually. It is not possible.

There is every possibility that a person may flower without any guru. But

that person too will
have to surrender to someone.
It may be to the Divine.
It may be to the total Existence.
He will have to be trusting,
if not to a particular person,
then trusting to the All.
The basic requirements must be
fulfilled. If they are fulfilled
in connection with a person or not,
that is immaterial.

It is easier
to be in trust with a person
than to be in trust with the Whole.
If you cannot trust a person,
you can never trust the Existence
as such. If you cannot surrender
in a personal relationship,
you can never surrender
to the impersonal Divine.
So a guru is a
step toward the impersonal,
just a turning
toward the way to surrender.

To the human mind, all relationships are personal.

It may be love.

It may be respect, anything.

All its relationships are personal.

So the first step toward

Realization of Truth or

the Cosmic Being, the first,

is bound to be personal.

Someone will have to be used

as a jumping board.

And there are other things also.

Words cannot communicate much
that is meaningful as far as
spirituality is concerned.
The very phenomenon is such
that it is inexpressible.
It is just as if you hear
some instrumental music
and you cannot convey
the meaning of it through words.
You can use evaluatory words
-- good, bad -but you cannot convey anything.
You only convey your feeling,
and that too very inadequately.

IF YOU HAVE SEEN A FLOWER, you can say it is beautiful,

and you do not convey anything.

It never conveys the actual realization of the moment.

The actual conception is not conveyed. You only convey words. A word can mean anything to the person to whom it is conveyed.

A person who has never seen any beauty in any flower will hear the words, will understand the meaning and will not understand anything at all because the very word "beauty" does not mean anything to him.

But these are not such inexpressible things.

SPIRITUAL THINGS ARE SO IMPECCABLE, so silent, that if you use language, you destroy them; you confine them to such a narrow word, and THE MEANING IS SO INFINITE that it is not conveyed.

That is why I said religion cannot be taught.

Methematics can be taught because it is symbolic. Howsoever

difficult, mathematics is only symbols, so it can be conveyed.

Physics can be taught because there is nothing inexpressible. BUT the more you come nearer to the human heart (for example, poetry), you convey, but you still feel that something is left behind.

That which is to be conveyed is left behind; the container has gone, and the content is left behind; the word has reached, and the meaning is left behind; the flower has reached to the other end, but the perfume has died in the very giving of it.

words come in between science and religion.
They are a midway point.
Something can be conveyed, and something cannot be conveyed.
In science, everything can be conveyed. In religion, nothing can be conveyed.

And these are the three roads:
science means reason,
and reason is trexpressible.
Poetry, art, they are emotion.
Emotion is, up to a point,
expressible, and beyond that,
inexpressible. Then comes RELIGION,
spirituality. This is
ABSOLUTELY INEXPRESSIBLE!

That is why the relationship between guru and disciple is not the relationship between teacher and pupil. It cannot be taught.

Then HOW IS IT CONVEYED?

There are other methods also.

Whenever you are
IN LOVE with someone
for the first time,
GESTURES BECOME MEANINGFUL.
A slight twinge on the face
is detected.
A slight waver in the eyes
is known and understood.
Unless you are in love,
you never pay attention

to such minute things.
You see a face as a whole,
not in its total complexity,
and not in its constantly
changing pattern.
You see a face as a figure,
never the content in it.

When YOU LOVE someone,
THE FACE is not just a figure,
but a LIVING PATTERN.
And minute things and
subtle changes in expression
are detected and known.
Before the lover has said something,
you have known it. Even before
the lover comes to know
he has felt something,
it can be detected
that something has been felt.

REVERENCE is even more subtle
than love. The very existence of
the guru is a communication.
Everything that he is,
is constantly delivering messages.
By a reverent mind, they are caught,
known, decoded, understood.

But these gestures, these living gestures, are a language. They are still deeper when the relationship becomes more ripened, because there are stages.

When the disciple has
blossomed into disciplehood,
when he has become
complete, understanding of
his guru and his movements,
when he is ripe, then
silent communication
without gestures,
without any linguistic symbols
is possible. Then
TELEPATHIC COMMUNICATION is possible.
And this telepathic communication
IS THE SECRET OF THE RELATIONSHIP.

When this becomes possible, only then the disciple has been accepted. Then there is no question of time and space; then anywhere the disciple is, things can be communicated to him. The telepathic communication is THE MOST SECRET KEY of communion

between a guru and disciple.

But all these things are
to be awaited so patiently.
This is a great awaiting.
You can never be in a hurry
as far as spiritual learning
is concerned because
a hurried mind cannot go so deep
and cannot be so silent.
SO ANOTHER THING:
a disciple should not be
in a hurry to know.
He must await the right moment,
trust, wait, prepare himself.

they can never understand why
a disciple should serve a guru:
"Why should he be a servant!"
They do not know
that service is a way of communion.
When a disciple serves a guru,
and waits, and serves,
the division drops; he becomes ONE.
His guru's body and his own
are not two things now.
He feels the pain of the guru,

the illness of the guru.

He feels the pleasure of the guru,
the ecstasy of the guru.

By and by, he becomes absorbed.

By this absorption with his guru's body, he becomes ONE, and you cannot become one spiritually if you cannot become intimate and one with the body.

BODY IS THE BASE. So the disciple goes on serving the guru.

He never asks any questions.

This is a miracle.

He will not say to the teacher,

"Teach me this," because

even to say this is to mistrust

the guru. When the moment is right

he will be told; when the

moment is right, he will be taught.

If the moment is not right,

he knows better; he will just wait,

sometimes for years, even today.

Even twenty years may pass, and

he will be just waiting.

He had come as a youth;

now he is an old man.
But still HE IS WAITING!

This very waiting, this patience, creates a situation in which the guru and disciple are not two; they are one. The moment they become one, what is not expressed can be expressed. What cannot be said can be shown. Wittgenstein has somewhere said that what cannot be said can be shown. The saying needs no patience. Showing needs much patience.

If I want to say something to you,
I can say it this very moment.
Your patience, your preparation,
is not needed. I say it, and
you can hear it. If
I am to show you something,
then you will have to make
great preparations because
you will have to see it.
I cannot show you without
your capacity to see it! So the guru
is basically not saying anything,
but trying to show something.

Things are always clear, only mind is confused.
Things are always clear, but the confused mind confuses things.
As far as worldly things are concerned, your mind cannot distort them much because they are so objective.
They do not depend on your mind.
But THE SPIRITUAL is so subjective.
It DEPENDS SO MUCH ON YOUR VISION that a confused mind destroys everything. Or rather,
UNDERSTANDING ALWAYS MISUNDERSTANDS.

If one is to be aware,
by not intervening in things
they become clear,
They go on becoming clear.
Things have always been clear.
But our minds are so confused,
and everything is interpreted
through them. And the more
we interpret, the more we destroy.

DESTRUCTION COMES FROM THE FAST ACCUMULATED KNOWLEDGE.
The mind has accumulated so much!

It has known so much! This mind always muddles everything.
It comes in; it penetrates.
Anything known is always interpreted by the old.
It must not be interpreted!
Anything new must be seen with a new mind. That means that the old must not come in between.
If one can put his knowledge aside and peep into things directly, immediately, then things are always clear, crystal clear.

existence is so innocently pure and clear. Everything is so crystal clear that it is a miracle how the human mind confuses it. But confusion comes through interpretation. Confusion comes from using all that is known to understand that which is not known. If we can be totally aware of anything new that is presented, if we can become receptive and aware in its presence, it goes deep into the heart, directly.

It may appear irrational if I say it, but that is the truth.

Mind never understands;
ONLY HEART UNDERSTANDS.
The centre of understanding is never mind. It is ALWAYS the heart. The heart is always so pure, fresh and virgin, and mind is never virgin. It is always burdened by the past.
The heart is never burdened by the past. The heart is always new, virgin, fresh.

MIND IS never new;
it is always old;
it is always the past;
it is always the DEAD -A DEAD ACCUMULATION OF EXPERIENCES!

So whenever the mind is working, you always misunderstand. You are bound to. But when it is not working, when quiet, silent, absolutely in non-existence, only aware, the drop is created; the door to the heart is opened. And the heart understands

without any interpretation.

The understanding is direct
and immediate; you just understand.

You know, "This is so!"

THIS I CALL MEDITATION.

If you can put the mind aside,
I call it meditation.

If you can see things
through the heart,
if you can contact the Existence
through the heart,
then you are in meditation.

And if you are always living
through mind, you are
never in meditation.

So it can be said,
MIND IS THE ANTI-MEDITATION FACULTY,
and the heart is the faculty
for meditation.

And these two cannot work simultaneously. If the mind functions, the heart is away.

It goes in;
it is not needed;
it goes to sleep.
If mind is not working,

it comes up on the surface of to breathe and to see.

It only comes when mind is not needed, when mind is discarded. AND

the moment the heart
comes in contact with
the existential, only then
do you feel the ecstasy,
the beatitude; then
EVERYTHING BECOMES DIVINE.

It is Divine, but
then you know!
The heart in contact with the world
makes the world DIVINE.
The mind in contact with the world
makes the world material.

Mind cannot know
anything beyond matter.
The heart can never know
anything below the spiritual. So
those who have been heart-oriented,
they have said the world is unreal.
There is a reason for saying so.
It is because the heart cannot
come below the spiritual.

It can never know what is material.

It is beyond its gravitation.

So the material world becomes

illusory, unreal; it becomes dreamy.

It is as if it is not.

So all those who have

lived with the heart say

the world is illusory;

it is "maya".

It is just a magical show.

And all the mind-oriented,
they have denied the spiritual.
They say it is a dream, fiction,
that it is nowhere to be found,
that only matter exists,
that there IS nothing spiritual.
So the spiritual becomes illusory;

it becomes dreamy;
it becomes foolish.

Somewhere Nietzsche has said,
"There are people who say
Jesus was a genius, a wise man.
But I would like to say
that he was an idiot."
Nietzsche said this
because to a person looking
at the Existence through mind,

everything of the heart becomes idiotic.

THE EAST has been heart-oriented; the West has been mind-oriented, so the Western mind has been able to create a great scientific edifice. The East could not create it because you cannot create science from innocence. It is impossible. How can you create a science from innocence? So the East has been living unscientifically.

But THE WEST could not know what is meditation.

At the most they could pray, but prayer is not the thing.

You can only pray with the mind.

IF THERE IS NO MIND,

PRAYER WILL BE SILENT.

You cannot pray;
there will be no words.
You can be FRAYERFUL with the heart,
but you cannot pray.
You can only pray with the mind.
You can go on repeating the formula.

IN THE WEST. they could not develop a spiritual science. They could not develop meditation. There they convert it into either concentration or contemplation, BUT THEY ALWAYS MISS THE POINT. They translate it as concentration, which it is not. Concentration is a mental process: the mind is concentrated; the whole thought process is focused. But it is not a question of heart. So either they will translate it as concentration OR contemplation. Then it becomes thinking.

MEDITATION is neither contemplation nor non-contemplation. It is a non-mental, no-mind living. It is in contact with the world with no mind in between. And the moment mind is absent, there is no barrier because the heart cannot draw the boundary. It cannot define. By definition, mind creates

a barrier, boundaries, frontiers. With the heart,

Existence becomes frontierless.
YOU END NOWHERE, and
no one else begins anywhere.
EVERYWHERE, YOU ARE ONE
WITH THE WHOLE EXISTENCE!

THE HEART cannot feel the duality. Duality is a mental creation, because the mind divides; it cannot work without division. It analyzes! That is why science will go on analyzing molecules, atoms, electrons. They will go on dividing. The more division, the more mind is at ease, because the thing becomes more defined.

It can be manipulated.

It can be known easily.

The vaster it is, the greater,

the more infinite it becomes,

the more the mind feels awe;

it cannot define it:

it becomes mysterious. To science, the method for

TACKLING A MYSTERY is "ANAL IS":
"Analyze a thing, and
solve the mystery.

If the whole world can be analyzed,
There will be no mystery."
But the mystery remains unsolved.

Drop the definitions and drop the boundaries, and everything becomes mysterious.
Then you are ONE with the mystery.
Then everything is Divine.
And THAT is the ONLY solution.
Let the scientific definitions drop, and a more definition-less, boundary-less world comes into existence --

One organic unity!
A crystallized ONE!
THIS ONENESS, the feeling of it,
the knowing of it, and
the living of it
IS WHAT I MEAN BY GOD.

A SYNTHETIC WHOLE!

MEDITATION IS THE WAY TO KNOW GOD! Mind is the way to know matter,

and mind and meditation are
exactly opposite -different dimensions. And we
cannot have it both ways.
You can reach the mind, but
in that moment heart will not work.
You can reach the heart, but
in that moment mind will not work.
You can use both, but
you cannot use both simultaneously
because they are polar opposites.
They are diametrically opposite.

without meditation
everything is rational
and yet ABSURD, because
it is meaningless.
And with meditation,
everything is irrational
but meaningful. And the moment
life is meaningful, LIFE IS.
When it is not meaningful,
when it is rationally understood
but meaningless, then it is not.
It is as dead as can be.

This is a paradox:
With mind you can understand,

With heart you cannot understand, but the meaning is known, felt and realized. With the mind everything is categorized; it can be manipulated.
You can do much with the mind. But YOU are nullified, and in the end there is no mystery. The mind has understood everything. Then there remains nothing but suicide, because
NO ONE CAN LIVE WITHOUT MYSTERY!

The more life is a mystery,
the more it is worth living.
RELIGION IS KNOWING THE MYSTERY
AND STILL NOT DESTROYING IT.
So the way of knowing,
the religious knowing,
is a very different one:
neither logical nor rational.
It is an absolute freshness.

At this point
our minds become uneasy because
we are so much obsessed
with reason. A very minute

part of the mind has become
whole and sole.

Life is NOT rational;
it is irrational -basically irrational. This
irrationality of life and existence
is its mystery.

If everything can become
mysterious - you,
then you are HERE AND NOW,
in the Divine. Then everything
becomes clearly categorized.

with MEDITATION,
mystery is revived again.
You come again in contact
with the mysterious.
And meditation is of the heart,
and the heart has
its own methods of understanding,
absolutely different from reason,
absolutely different from mind.
So I would like you all
to know more of the heart,
and the guru-disciple relationship
is an understanding of the heart.

The East has so MANY secret keys.

A single key is enough, and a single key opens thousands and thousands of locks.

BHAGWAN SHREE RAJNEESH

Bhagwan Shree Rajneesh is an Enlightened One who is in contact with the Source of knowledge and who is a total opening through which all and any possible devices for Enlightenment can take birth.

He has the potentiality and capacity to be a Saviour and a World Teacher. And only that person can be called a World Teacher who can devise new keys (Faths for Enlightenment), who is a Void, who is of the status of Buddha, Mahavir, Christ and Mohammed. Bhagwan Shree is such a teacher, living in the ultimate spiritual height.

He reveals many secret doctrines about the mysteries of life and human behaviour — individual, social and cultural. Thousands of seekers from India and abroad are coming closer and closer to him and are being changed, transformed and awakened.

-- Swami Yoga Chinmaya



